



# Green Talks Calendar

## Tuesdays 6.30 – 7.30 pm

**April 15<sup>th</sup>, Karla Fester, founder of Frog Friendly Coffee.** Come and listen to Karla's fascinating knowledge on the good, bad and ugly of the coffee world & roast some of your very own wild organic coffee beans on our patio.

**April 22<sup>nd</sup>, André LaRivière, Founder of Green Tables.** Vancouverites love eating out but did you know restaurants are tough on the environment. Andre will share his inspirational story of how he started Green Tables and engaged over 60 restaurants in B.C. to take measurable steps to effectively reduce their operations' impact on the environment and to connect with local growers.

**April 29<sup>th</sup>, Jessica Vaira, Twigg & Hottie.** Come and see some of the hottest local Canadian designers clothing lines made of natural and sustainable fibers. Jessica will talk about how the fashion world is embracing "Green" and share her tips on where to top up your wardrobe with the latest sustainable fashions.

**May 6<sup>th</sup>, Alistair Moore, founder of Green Works.** Alistair will share some of the scary toxic building supplies we use to renovate our homes with and show us some "Earth Friendly" & "People Friendly" alternatives. Greenworks is the first one stop green building supply company in Canada.

**May 13<sup>th</sup>, Mike McDermaid, Co-ordinator of Ocean Wise.** Our fish stocks are depleting fast and many species are on the brink of extinction. More sustainable fishing techniques are required to maintain our marine eco-systems - Mike will fill you in with all the facts about the state of our oceans and the brilliant projects Ocean Wise are enacting to save our oceans and fishies!

**May 20<sup>th</sup>, Darren Stott, SPUD.** Darren will speak about the legendary SPUD concept, benefits of eating organic and local. He will also share tips to introducing more local organic produce to your meals.

**May 27<sup>th</sup>, Gil Yaron, Frogfile.** Business contribute nearly 10% to all waste in our landfills. Gil recognized this problem and so he started Canada's first one stop green office supply.

**June 3<sup>rd</sup> & June 10<sup>th</sup>. To be confirmed.** Invited guest speakers include: Kate from Vancity, Ester from Mountain Equipment Coop, Andre from Rocky Mountain Soap Co.

**June 17<sup>th</sup>, Dave Caldron, David Suzuki Foundation.** Dave will share with us what a sustainable future looks like. He will also be exploring emerging trends and examples of sustainable development occurring today.

**June 24<sup>th</sup>, Jaclyn Laic, Eat B.C. & Jason McRobbie.** Jaclyn and Jason will showcase some of the best of B.C.'s farmers, producers and restaurants.

**This is a free event, thanks to Rocky Mountain Flatbread Co & Guest Speakers!  
Reservations recommended as seats are limited**

**Location:  
Rocky Mountain Flatbread  
1867 W1st Avenue between Cypress & Burrard  
Tel: 604 730 0321**